

March 2023 Newsletter

Harker Heights Senior Recreation

Recreation Center, 307 Miller's Crossing

www.harkerheights.gov/parksandrec 254-953-5683 nbroemer@harkerheights.gov

Message from Harker Heights Senior Program Manager

Hello All,

As Spring marches in we say good bye to wintery weather; we hope. Make sure to mark your calendar for important events like daylight savings on March 12, National Pi Day on March 14, and Battle of the Court: Annual Granny Basketball Benefit Game on March 18. The admission for the game is a non-perishable food item or new packaged socks/underwear. This month we will have Lunch & Learn on March 17 for the first 20 people who register. The Lunch & Learn topic is to be determined; call me or the Recreation Center as it gets closer to ask if the topic have been confirmed and to register. If you are a gardener or would like to learn more about trees, look at the information about the Garden Club and the Tree Planting & Care class. We are always looking for volunteer leaders to be a point of contact for a class or ideas for future classes or events.

Best Regards,

Nichole Broemer

Recreation Center & Senior Program Manager

March's Quotes

"March, when days are getting long, Let thy growing hours be strong to set right some wintry wrong."

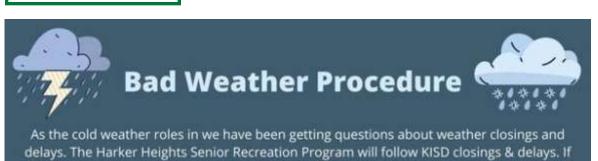
Caroline May

"Springtime is the land awakening. The March winds are the morning yawn." - Lewis Grizzard



Are you interested in gardening?

We are looking for a group of volunteers to start up a Gardening Club. We have a raised bed plot available at Carl Levin Park Community Garden for the club. For more information and to sign up, contact Kailie Gomez by email at kgomez@harkerheights.gov or call at 254-953-5465.



KISD is closed or delayed the Senior Recreation Program classes will be closed/canceled or delayed. Check your local news station for updates.

Cecil M. 03/10 Ronald M. 03/10 Beverly W. 03/10 Sandra W. 03/11 Manuel G. 03/11 Sherry M. 03/12 03/13 Martha S. Rita L. 03/14 03/15 Nancy B. Rodney S. 03/15 Carol M. 03/16 Kristi S. 03/17 Lois B. 03/18 Shigeko D. 03/19 Joe S. 03/19 03/20 Brigitta S. Vicki C. 03/23 Sherrin W. 03/23 Russ M. 03/28 Keith M. 03/29 Juanita D. 03/29 Charlotte M. 03/31 03/31 Liz R. If your name is missing on have you renewed for

03/01 Maxie M. 03/02 Amy M. Demetric M. 03/03 Mildred S. 03/03 Nellie M. 03/04 Monica L. 03/05 Renate M. 03/09 Devon T. 03/09 03/09 David L.

the birthday list, we do not 2023.



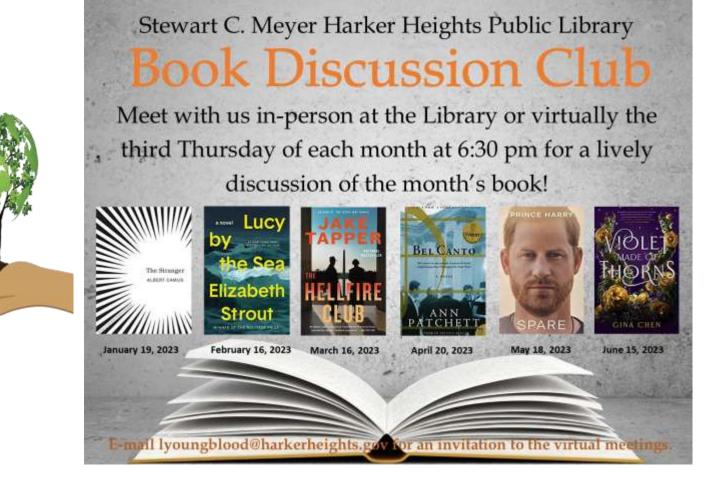


March 2023

P: 254-953-5683 E: nbroemer@harkerheights.gov www.harkerheights.gov/parksandrec

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities held at the Recreation Center, 307 Miller's Crossing unless noted otherwise.		1 10 am-12 pm Watercolor 10 am-2 pm Scrabble 12 pm-3 pm Pinochle 1 pm-4 pm Bunco	9:30 am-10:30 am Stretchercise 11 am-12 pm Lifelong Learning 12 pm-1:45 pm Senior P.E. 1 pm-4 pm Canasta	9 am-11:45 am Pickleball (Non-Res. Fee required) 10 am-2 pm Scrabble 12 pm-1:45 pm Granny Basketball	4
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PING PONG Table Tennis Harker Heights Sethior Recreation

Tuesdays, 2 pm - 4 pm HH Rec Center 307 Miller's Crossing

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.











Thursday, March 16 5:00 pm Location: TBD

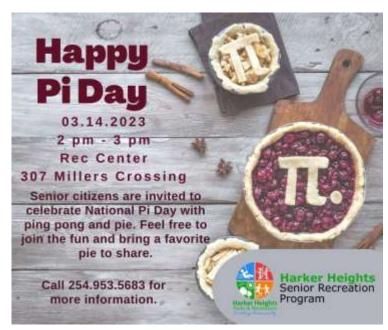
Join others for good food and conversation!

Each attendee is responsible for purchasing their own supper. Registration is required. Call 254-953-5683 or sign up in person at the HH Recreation Center to register.

For more info, email nbroemer@harkerheights.gov or call 254-953-5683.













ALZHEIMER'S®

SUPPORT GROUPS

Build a support system with people who understand.

Area Agency on Aging Central Texas. in partnership with Alzheimer's Association, provides support groups across our service area. Caregiver support groups are a safe place for people.

- · Develop a support system
- · Exchange practical information on challenges and possible solutions.
- · Talk through issues and ways of coping.
- · Share feelings, needs and concerns



Central Texas Council of Governments

2180 N Main St, Belton, TX 76513 Last Wednesday of every month Starting at 1pm

Temple Public Library

100 West Adams Avenue, Temple Texas First Friday of every month Starting at 1000 am



First Lutheran Church of Temple 1515 W Adams Ave, Temple, TX 76504 Third Thursday of every month Starting at 11:30 am

Lampasas

County Annex Building

409 S. Pecan Street, Lampasas, Texas 3rd Friday of the month Starting at 10:00 am

Killleeen Lions Club

1700 E Stan Schlüeter Loop Killeen, TX 76542 2nd Tuesday of every month Starting at 2pm



SPRING FORWARD:

Make sure to change your clocks one hour ahead on March 12, 2023.

ALZHEIMER'S PS ASSOCIATION

800.272.3900 | alx.org





Tax Assistance Information

AARP Tax-Aide Killeen Lion's Club Senior Center 1700 E. Stan Schlueter Loop, Killeen, TX 76542 254-501-6399

February 3 - April 14, 2023 Appointment Only Schedule Mondays & Fridays, 8:30 am, 9:30 am, 10:30 am, 11:30 am

AARP Tax-Aide by appointment only. Sign-up sheet located at the front desk of the Killeen Senior Center. Online tax services and information: www.aarpfoundation.org/taxaide or call for AARP Tax-Aide information at 888-227-7699.

Additional Information

https://www.irs.gove/individuals/free-tax-return-preparation-forqualifying-taxpayers https://www.irs.gov/forms-instructions